

Great Game Huddle Notes September 3, 2019

Shika Morgan from the Auditor's Office started today's Huddle by asking the group, "What is Endurance to you?"

Character First: Endurance

Group responses were: Hanging in there, perseverance, pacing yourself

What endurance means to Shika:

She recounted a story from her middle school track career. Or rather the lack of it. (inside joke and SHE will explain shortly). While in middle school along with her other activities like band and orchestra, she decided to run track. It was the cool thing to do in the 80s and many of her friends and classmates participated. Giving the fact that she was a bookworm and a band nerd, she was not sure why she thought at the time this was such a GREAT idea. Enthusiastic- glass half full or glass half empty?

She gave the group some background.....

First she was not fast enough to run either the 100 or 200 meter races. The coach decided to put her on for the 400 meters. She thought handle one time around the track. As training and conditioning begins for the upcoming track meet, her coach says "during the race there will be a point it feels like you a have a monkey on your back." Shika was barely a teenager at this time so she did not fully comprehend what her coach was talking about until one of her meets, coming around the third 100 or the second curve and about half way through, she began to feel weighted down. Aww. The monkey was with her and it was up to her to get him off her back.

So as you get into the last 100 meters you are supposed to kick or sprint as they say in track; however, when there is a monkey on your back this is very difficult to do.

In addition to running the individual 400 meters, she was assigned to run the 1200 meters (3 times around the track). So if she thought had a monkey on her back during the 400 meter event. It was evident she had multiple monkeys on her back during this 1200 meter event. She can remember getting about half way through and feeling like she was not going to make it to the finish line. The last half of this race was painful and often she would feel like she wanted to collapse once crossing the finish line.

The challenges that we face on difficult job projects or in our personal lives are very much like running a track race. Sometimes we are just a little weighed down or overwhelmed and other times it feels like we may not cross the finish line.

Shika broke down the word Endurance to show what it means to her:

E - ENTHUSIASTIC

N – NONCONFORMIST, what works best for YOU to complete a job? Don't always have to do things the same way

D – DISECT, breakdown tasks to prioritize

U – UNDERSTANDING, having knowledge and patience

R – RESILIENCE, work to get through the hard stuff first

A – ABILITY, skills, do you need to improve your skills or find a better way?

N – NOTEWORTHY, think positive

C – COMMUNICATE, don't be afraid to ask questions

E – EARNEST, be sincere

Commission Update

John Russell and Harold Bengsch

- Commissioners have been meeting with municipalities around the County
- Ag Tour coming up soon
 - Should be the western half of the County
 - Submit any suggestions for places to visit in the future
- Met with Governmental Services Group for a 2020 legislative planning meeting
- Operations Center should hopefully be completed and ready for move in October 2019

