Great Game Huddle Notes June 4, 2019

Mailyn started today's Huddle by introducing Taylor and the presentation Character Core on Patience.

We know that patience can sometimes be a very difficult quality to demonstrate. We are under pressure to perform our best either at home, work, and in our life.

- It's about underperforming or being satisfied with second best.
- It is an attitude of taking the time necessary to work through a situation.
- Not simply waiting for the storm to pass and the problem to work itself out.
- It's a thoughtful process deciding how long to wait and what you can do to continue to make progress toward a solution.
- Avoid cutting corners or rushing the process and you will find that it is easier to maintain a high quality of work.

What is Patience?

It's taking the time necessary to work through a difficult situation.

- Life involves setbacks
- Some setbacks are beyond our control
- A Patience response is to recognize those difficulties and how you as an individual can resolve them.

"We are breeding an impatient society. Slow internet, Amazon Prime with two day shipping. What happens when it's not within those two days? There's a problem."

-Taylor

It's the willingness to take the time, think and make measured progress through a tough situation.

"Have patience. All things are difficult before they become easy."

-Saadi

- An example of this is Pinterest Project
- Not taking the time to do the project and have the patience for each step

Cool Down

- Remember you can't control every person or circumstance
- You can control your attitude and how you respond.

Example of this was at a previous staff meeting. If you receive an email that makes you upset, wait to respond in a few hours or even a day.

Get Perspective

• Things goes well, and something they don't

The more you remind yourself of that. The easier it will be to remain patient and continue on even when tacking setback or obstacle. As my parents always said "Life isn't fair."

Be Productive

- You may be able to break down the problem into smaller steps and actually make incremental progress.
- By being productive it'll make the time go by quickly and may inspire others to action.

Instant result are not always the best result. Often times, ideas that take longer to develop are better than the first one that comes to mind.